



LUNCH

California Confused Cuisine™

GOURMET SANDWICHES

Gourmet sandwiches are served with your choice of French Fries, Fruit, Soup or Small House Salad.

Bread choices: Sourdough, Whole Grain, Rye or House Roll.

Gluten Free options: Honey White or 7 Grain.

AGGRESSIVE GRILLED CHEESE ... \$7.95 HALF | \$10.95 FULL HOT

Choice of Two Cheeses, with Spinach, Tomato and Applewood Smoked Bacon.

* Go Passive Aggressive (no bacon) instead! \$6.95 Half | \$8.95

B.L.A.T. ... \$10.95

4 slices of our Applewood smoked Bacon, Lettuce, Avocado and Tomato with lite mayo. Ask for Toasted!

CHICKEN SALAD ... \$7.95 HALF | \$10.95 FULL

Shredded tender chicken breast, chopped walnuts, celery, cranberries and lite mayo.

CALIFORNIA CONFUSED CLUB ... \$10.95

A generous portion of either Roast Beef or Roasted Turkey Breast, Ranch dressing, Bleu Cheese Crumbles, Applewood Smoked Bacon, Avocado, Tomato and Butter Lettuce. **Ask to make it a wrap!

CHICKEN CAESAR WRAP ... \$10.95

Romaine lettuce, grilled chicken, tomatoes tossed in our Caesar dressing and wrapped in your choice: Flour, Whole Wheat or Spinach Tortilla. Served with your choice of French Fries, Fruit, Small House Salad or Soup.

THE GREEDY COW ... \$10.95

Slow roasted top sirloin, sliced thin and placed on a smear of our house horseradish cheese spread, tomato, red onions and arugula.

**Ask to make it a wrap!

THE GOBBLER ... \$7.95 HALF | \$10.95 FULL HOT

Roasted Turkey Breast, pesto mayo, your choice of cheese, caramelized onions, grilled tomato.

HAM AND SWISS CREPE ... \$8.95 HOT

Warm and delicious crepe filled with our Organic Ham and Swiss cheese.

VEGGIE SANDWICH ... \$6.95 HALF | \$10.95 FULL

House-made Hummus and seasonally available vegetables: Cucumbers, Radishes, Bell Peppers, Red Onions, Avocado, Tomato and Butter Lettuce. **Ask to Make it a Wrap! Whole Wheat or Regular Tortilla.

SMALL APPETITES

COTTAGE CHEESE & FRUIT ... \$4.25

Small bowl of cottage cheese topped with fresh seasonal fruit.

SOUP DU JOUR ... \$4.95 CUP | \$6.95 BOWL

Varies based on what is seasonally available.

SOUP & SALAD ... \$7.75

Cup of Soup du Jour and a Small House Salad

FARM FRESH SALADS

COBB SALAD ... \$7.75 HALF | \$10.25 FULL

Organic Roast Turkey breast, Applewood Smoked Bacon, Hard-boiled Egg, Avocado, Bleu Cheese and Spring Mix.

* Substitute Turkey for Chicken (8oz) for an additional \$4.00

HOUSE SALAD

Spring mix with radishes, cucumbers, shredded carrots and cherry tomatoes. Full: \$7.50 | Half: \$4.50

SEASONAL CHICKEN SALAD ... \$12.95

½ pound grilled boneless skinless chicken breast (ask for hot or cold) served on top of a bed of seasonal greens, radishes, cucumbers and avocado and your choice of dressing.

SUMMER ON A PLATE (CAPRESE) ... \$9.95

Farmers Market fresh Heirloom tomatoes, basil, mozzarella cheese, olive oil and reduced balsamic.

BURGERS & SLIDERS

Fresh premium ground chuck cured in-house and grilled to order. Depending on the temp, may take up to 15 minutes to prepare.

Burgers are dressed with your choice of cheese, house sauce, lettuce, tomato, red onion on our house-made buns with a pickle on the top. Served with your choice of French Fries, Fruit, Soup or Small House Salad.

** Gluten Free buns available for Sliders only!

LAFB CAFÉ BURGER OR SLIDERS ... \$14.95

½ pound burger or 2 ¼ pound sliders of premium ground chuck.

* Substitute meat for Quinoa Patty for additional \$1

LAFB CAFÉ SLIDER ... \$9.95

One ¼ pound slider of premium ground chuck burger.

* Substitute meat for Quinoa Patty for additional \$.75

KIDS MENU

Kids of all ages!!

GRILLED CHEESE ... \$4.95 HALF | \$7.95 FULL

Choice of bread and cheese. Served with your choice of French Fries, Fruit, Soup or Small House Salad.

HAM & CHEESE ... \$5.95 HALF | \$8.95 FULL

Choice of bread and cheese. Served with your choice of either French Fries, Fruit, Soup or Small House Salad.

* Served Grilled or Cold!

QUESADILLA ... \$6.95

Your choice of cheese. Served with a cup of fruit or cottage cheese. Add \$2.00 for vegetables. Add \$4.00 for meat (excludes quinoa patty)

NUTELLA CREPE ... \$5.95

A delicious warm Crepe filled with Nutella. Served with a cup of fruit or cottage cheese.