

# DINNER MENU

# **APPETIZERS**

See Dinner Specials for the Appetizer Specials this week.

GARLIC FRIES ... \$6.95

### **SOUP DU JOUR**

#### **SOUP DU JOUR ... \$4.95 CUP | \$6.95 BOWL**

Varies based on what is seasonally available.

# ENTRÉES

We pride ourselves on our creativity in developing unique dinner entrées weekly. Using the highest quality meats and seafood as well as seasonally available fruits and vegetables.

# ON THE LIGHTER SIDE

#### **DRESSINGS**

All our dressings are made from scratch using the highest quality and freshest herbs available.

\* Blue Cheese, Lemon Citronette, Poppy Seed, Ranch and Toasted Sesame. \*

#### **HOUSE SALAD**

Spring mix with radishes, cucumbers, shredded carrots and cherry tomatoes. Full: \$7.50 | Half: \$4.50

#### **CAESAR SALAD ... \$8.95**

Fresh Romaine lettuce, Parmesan cheese, house croutons and Caesar dressing. Served with a house roll.  $^*$  Add an  $\frac{1}{2}$  pound Chicken breast for an additional \$4.00.  $^*$ 

#### COBB SALAD ... \$7.75 HALF | \$10.25 FULL

Organic Roast Turkey breast, Applewood Smoked Bacon, Hard-boiled Egg, Avocado, Blue Cheese and Spring Mix

\* Substitute Turkey for Chicken (80z) for an additional \$4.00 \*

#### **SEASONAL CHICKEN SALAD ... \$12.95**

½ pound grilled boneless skinless chicken breast (ask for hot or cold) served on top of a bed of seasonal greens, radishes, cucumbers and avocado and your choice of dressing.

#### SUMMER ON A PLATE (CAPRESE) ... \$9.95

Farmers Market fresh Heirloom tomatoes, basil, mozzarella cheese, olive oil and reduced balsamic.



#### FROM THE GRILL

### LAFB CAFÉ BURGER OR SLIDERS ... \$14.95

½ pound burger or Two ¼ pound sliders of premium ground chuck burgers.

\* Substitute meat for Quinoa Patty for additional \$1 \*

### LAFB CAFÉ SLIDER ... \$9.95

One ¼ pound slider of premium ground chuck burger.

\* Cannot substitute meat for Quinoa Patty \*

#### **GOURMET SANDWICHES**

#### AGGRESSIVE GRILLED CHEESE ... \$6.95 HALF | \$10.95 FULL

Choice of Two Cheeses, with Spinach, Tomato, Applewood Smoked Bacon on your choice of toasted bread.

\* Ask for the Passive Aggressive (no bacon) instead! \*

#### CALIFORNIA CONFUSED CLUB ... \$10.95

A generous portion of either Roast Beef or Roasted Turkey Breast, Ranch dressing, Blue Cheese Crumbles, Applewood Smoked Bacon, Avocado, Tomato and Butter Lettuce on your choice of bread.

#### THE GOBBLER ... \$7.95 HALF | \$10.95 FULL

Roasted Turkey Breast, pesto mayo, your choice of cheese, caramelized onions, grilled tomato on your choice of toasted bread.

#### VEGGIE SANDWICH ... \$6.95 HALF | \$10.95 FULL

House-made Hummus and seasonally available vegetables: Cucumbers, Radishes, Bell Peppers, Red Onions, Avocado, Tomato and Butter
Lettuce.

#### KIDS MENU

#### I WANT THIS NOT THAT ... \$4.95

Grilled Cheese Sandwich with your choice of cheese and bread. Served with French Fries, Fruit, Soup or Small House Salad.

\* Add Ham for an additional \$2.00 \*

#### I'M NOT HUNGRY ... \$4.95

Pasta with Butter and Parmesan Cheese Or Marinara Sauce

\* \*\*Gluten Free option available \*

#### I DON'T KNOW ... \$4.95

Quesadilla with choice of cheese and served with a cup of fruit.

#### YUM! CHEESE! ... \$4.95

A delicious bowl of Cheesy Mac-and-Cheese!

#### **NUTELLA CREPE ... \$5.95**

A delicious warm Crepe filled with Nutella. Served with a cup of fruit.





# BEVERAGES

#### DAIRY & NON-DAIRY

#### ALMOND MILK ... \$2.00

140z glass of Unsweetened Almond Milk \* 80z Kids size for \$1.50 \*

#### MILK ... \$1.50

140z glass of either Whole, 2% or Fat Free Milk \* 80z kids milk for \$1.00 \*

#### **CHOCOLATE MILK ... \$2.00**

140z glass of Chocolate Milk. Ask for Hot or Cold. Real Whipping Cream available - just ask your server! \* 80z Kids size for \$1.50 \*

#### **SOY MILK ... \$2.00**

140z glass of Unsweetened Soy Milk

\* 80z Kids size for \$1.50 \*

## **JUICES**

#### JUICE ... \$2.00

80z glass of our Organic 100% Real Juices
\* Apple, Cranberry or Orange Juice \*

#### **LEMONADE ... \$2.75**

Organic and delicious!

V8 ... \$2.50

120z glass of either V8 Original or V8 Spicy

#### **BOTTOMLESS SODA'S AND TEA**

#### **BOTTOMLESS SODA ... \$2.50**

\* Pepsi, Diet Pepsi, Sierra Mist, Root Beer, Dr Pepper, Diet Dr Pepper \*

#### **BOTTOMLESS ICED TEA ... \$2.25**

140z glass of Organic Unsweetened Iced Tea

#### **BOTTOMLESS COFFEE & TEA**

#### **REGULAR OR DECAF COFFEE ... \$2.25**

Vanelli's Organic Coffee roasted weekly and served fresh to you!

#### **HOT TEA ... \$2.75**

Selection of Two Leaves and a Bud Organic Free Trade Teas.

Selection of other brands available too.

### SPECIALTY COFFEE'S & TEA'S

#### НОТ

Espresso drinks are made from Vanelli's Organic Free Trade Espresso beans fresh roasted weekly. Extra shot for \$.75

**ESPRESSO ... \$2.50** 

**AMERICANO ... \$2.75** 

**CAPPUCCINO ... \$3.50** 

**LATTE ... \$4.00** 

MOCHA ... \$4.00

White, Chocolate or Mexican Chocolate
\* Add Syrup flavor for an additional \$.75 \*

#### CHAI TEA LATTE ... \$4.00

David Rio's Green Chai or Tiger Spice Tea

**COLD** 

#### ARNOLD PALMER ... \$3.25

Half Iced Tea and Half Lemonade

#### **BEER AND WINE**

See Beer and Wine Menu