



BREAKFAST

California Confused Cuisine™

SIGNATURE BREAKFAST DISHES

BUTTERMILK HOTCAKES ... \$6.25

Two Extra Large buttermilk hotcakes made from scratch daily. Served with Real Butter and up to two sides of Real Maple Syrup.

BREAKFAST BURRITO ... \$7.75

Scrambled eggs, bell peppers, potatoes and your choice of cheese wrapped in a warm extra large 13.5" tortilla. Served with salsa and avocado crema. Ask for it Burrito Bowl style (no tortilla)!

CORNED BEEF HASH ... \$12.75

We slow roast our corned beef for 8 hours and then shred it. Served with pepperonada, country potatoes and wilted spinach and Two Eggs cooked to order.

COUNTRY BISCUITS AND GRAVY ... \$9.50

We take our house-cured, ground sausage and create this beautifully silky sausage gravy and serve it over a fluffy buttermilk biscuit, topped it with fresh chives. Generous portion!

FANTASTIC FRENCH TOAST ... \$11.95

Brioche Bread (egg) OR Gluten Free Bread, dipped in our egg custard, grilled to order and topped with seasonally available toppings (ask your server). Served with your choice of meat.

* Substitute meat for Quinoa Patty for \$1.00.

FARM FRESH EGGS

LAFB CAFÉ BREAKFAST ... \$7.50 | \$9.50 | \$11.50

Egg(s) your way with a choice of meat, one side (potatoes or fruit) and a slice of toast.

* Substitute meat for Quinoa Patty for \$1.00. Substitute toast for a small hotcake.

* One Egg = \$7.50 * Two Egg = \$9.50 * Three Egg = \$11.50

MORNING SANDWICH ... \$7.95

Fluffy scrambled eggs, chives and cheddar cheese, with your choice of bread. Served with country potatoes or fruit.

* Additional charge for Meat or Quinoa Patty (see Create Your Plate).

FRITTATA OF THE DAY ... \$4.00

Three eggs baked Chef's Choice of the day!

* Add Fruit or Salad for \$2.75 or Side Salsa for \$.75

OMELETES

FITNESS OMELET ... \$10.95

Three Egg White Only Omelet with your choice of Three Vegetables and One Cheese. Served with your choice of Country Potatoes or Fruit and a slice of Toast.

* Additional charge for Meat or Quinoa Patty (see Create Your Plate) * Add additional vegetables for \$.50 each

BUILD YOUR OWN OMELET ... \$10.95

Three Fluffy Eggs and your choice of Three Vegetables and One Cheese. Served with your choice of Country Potatoes or Fruit and a slice of Toast.

* Additional charge for Meat or Quinoa Patty (see Create Your Plate) * \$.50 additional charge for each additional vegetable or cheese

SMALL BITES MENU

LITTLE BUCKAROO HOTCAKES ... \$3.95

Two small buttermilk hotcakes served with real butter and maple syrup.

SMALL BITES BISCUIT & GRAVY ... \$6.00

A cup of our house-made sausage gravy and a buttermilk biscuit.

ON THE LIGHT SIDE

CREATE YOUR PARFAIT ... \$5.95 | \$7.95

Create your own small bowl of fitness parfait with our delicious options.

* *Greek Yogurt and Fresh Fruit: \$5.95 *Greek Yogurt, Fresh Fruit & our house Granola: \$7.95

COTTAGE CHEESE & FRUIT ... \$4.25

Small bowl of cottage cheese topped with fresh seasonal fruit.

QUINOA BOWL ... \$10.95

A beautiful bowl of Quinoa, Pepperonada and Spinach.

* Additional charge for Meat (see Create Your Plate for pricing).

* I can be Gluten Free, Vegetarian or Vegan!

CREATE YOUR PLATE

SINGLE EGG YOUR WAY ... \$2.00

BUTTERMILK HOTCAKE (SINGLE) ... \$3.50

BUTTERMILK BISCUIT ... \$2.75

MEAT SIDES ... \$3.25

Applewood Smoked Bacon, Chicken Apple Sausage link, House-cured & ground Sausage Patty, Turkey Bacon or Ham

QUINOA PATTY ... \$4.25

ROASTED COUNTRY POTATOES ... \$3.50

SEASONAL FRUIT (CUP) ... \$2.75

SMALL SIDE SAUSAGE GRAVY ... \$3.25

TOAST ... \$1.50

Sourdough, Whole Wheat, Rye, English Muffin, Gluten Free (Honey White or 7 Grain)

BAKERY

Check our counters and cold case to see our selection of house-made and specialty baked goods. Our signature cinnamon rolls sell out fast, so pick up some early!!

CATERING

Yes! We offer catering services! Pick-up, Delivery or Private In-house Parties welcomed! Ask to speak to Chef Mike, Chef Ozzie or the Owner, Tami. They will work with you on your custom catering needs!

Additional charge of \$.75 for Extra Syrup, Salsa, Dressings, Avocado and Avocado Crema - includes "sides"